

2021
2022



INFORMATIONAL PACKET



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TRYOUTS

SPRING

Open to current 9th-11th graders ONLY

APRIL 12 | 2:45-5:30PM

APRIL 13 | 2:45-5:30PM

APRIL 14 | 2:45-5:30PM

APRIL 15 | 2:45-5:30PM

APRIL 16 | 2:30-TBD

Location | Hamilton High School

Check-in begins at 2:30PM

FALL

*Open to incoming 9th graders and transfers
ONLY*

JULY 26 | 2:45-5:30PM

JULY 27 | 2:45-5:30PM

JULY 28 | 2:45-5:30PM

JULY 29 | 2:45-5:30PM

JULY 30 | 2:30-TBD

Location | Hamilton High School

Check-in begins at 2:30PM





TEAMS

BLACK

Varsity Squad

- Cheers at all Varsity football games (1 a week)
- Cheers at various Varsity basketball games (1-2 a week)
- Competes in the Traditional Show Cheer division
- 15 + alternates

MAROON

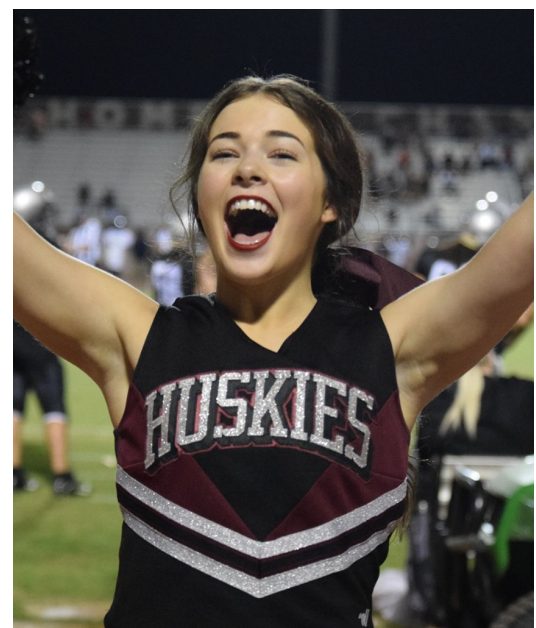
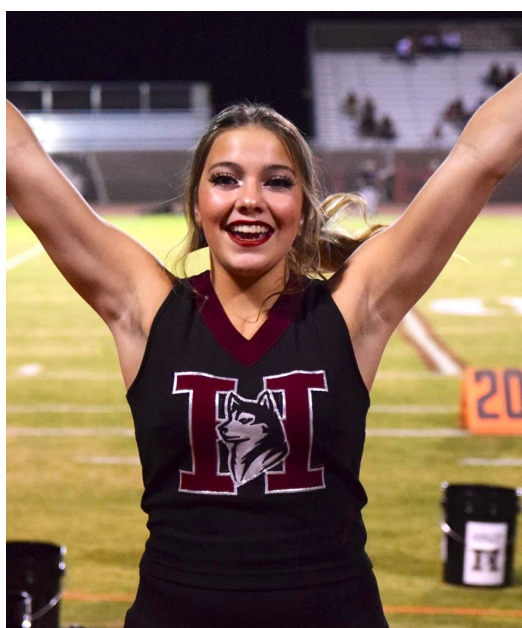
Junior Varsity Squad

- Cheers at home JV football games (1 a week)
- Cheers at various JV basketball game (1-2 a week)
- Competes in the Traditional Show Cheer division
- 12 + alternates

WHITE

Competitive Game Day

- Competes in the AIA & UCA Game Day division
- Comprised of members from both Maroon & Black but may not include all members



- All squads have combined practices with their individual coaches.
- All cheerleaders will cheer on the sidelines (after they pass their material test), however, not all cheerleaders will compete, some may be selected as alternates.
- Separate teams will not be announced until July 30.



MANDATORY DATES

All dates below are mandatory for those that tryout in the Spring. Incoming freshman and transfers interested in joining our program are also encouraged to attend all dates below, however, we cannot make it mandatory for them.

PRE-SEASON PRACTICES

Practices will be held in the South Gym at Hamilton High School from 5:30-8:00PM.

April | 20, 22, 28, 30

May | 4, 6, 12, 14, 18, 20

SUMMER PRACTICES & TUMBLING

Practices will be held in the South Gym at Hamilton High School. Tuesday's 3:00-6:00PM, all other days of the week 9:00AM-12:00PM. *Also 3:00-6:00PM.

June | 1, 2, 3, 8, 9, 10, 15, 16*, 17, 22, 23, 24, 29, 30

July | 1, 6, 7, 8, 13*, 14*, 15*

Tumbling will be at Dauntless Athletics every Wednesday from 4:00-6:00PM. *6:45-8:45PM.

June | 2, 9, 16*, 23, 30

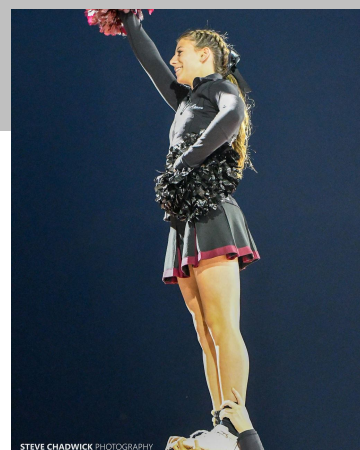
July | 7, 14*, 21, 28

UCA MASTERS CAMP

This is an overnight camp held at the Sheraton Mesa Hotel at Wrigleyville West.

July | 16, 17, 18, 19

- Athletes are expected to attend all of these dates, failure to do so may result in an athlete not competing.
- Athletes are encouraged to work on their tumbling skills at least twice a week during the summer. Tumbling growth will be taken into account when selecting teams.
- Summer vacation dates must be submitted with your application and must be approved by the Head Coach to be excused.
- Per AIA regulations, incoming freshmen and transfers are not eligible to formally tryout until school begins in the fall. All incoming freshmen and transfers, however, are invited and encouraged to join us at all of these dates in order to prepare for the season.



SEASON



WEEKLY PRACTICES

- M, T, F | 6:00AM - *athletes may not take a 0 Hour class*
- Monday Tumbling at Dauntless | 6:30PM or 7:30PM (depending on skill level)
- Wednesday Tumbling at Hamilton | 7:25AM
- Various Saturdays based on need

FINAL TEAM EVALUATIONS

Mandatory for all those that attending Spring tryouts.

- July 26-30 | 3:00PM-TBD

CHOREOGRAPHY DATES

- Black | August 7
- Maroon | August 14
- White | August 21

FALL BREAK DATES

Mandatory for all members.

- V!ROC Skills Camp | October 1-2 OR 8-9 (TBD based on football schedule)

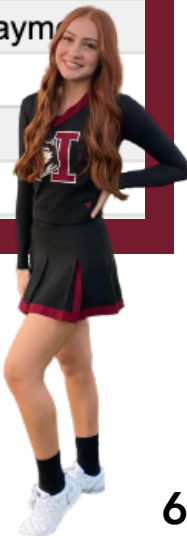
• If an athlete is not at both their team's choreography date(s) and Fall Break date(s), they will not compete.

INVESTMENT

Below is a tentative payment plan. This list is subject to change at anytime and may be reduced based on fundraising efforts.

Due Date	New	Returning	Description
April 30	\$250.00	\$250.00	Camp Despoit
May 14	\$270.00	\$115.00	Camp Gear
May 28	\$350.00	\$195.00	Camp Gear & Summer Tumbling Tuition
June 11	\$250.00	\$250.00	Final Camp Payment
June 25	\$235.00	\$8.00	Game Day Uniform & October Pink Gear
July 9	\$270.00	\$0.00	Competition Uniform
July 23	\$250.00	\$250.00	Choreography Fee
August 6	\$190.00	\$190.00	Competition Shoes & Tumbling Tuition
August 20	\$300.00	\$300.00	Student Activity Fee
September 3	\$290.00	\$75.00	Warm Ups & Tumbling Tuition
September 17	\$200.00	\$200.00	Nationals Payment
October 1	\$300.00	\$300.00	Skills Camp Fee & Tumbling Tuition
October 15	\$200.00	\$200.00	Nationals Payment
November 5	\$275.00	\$275.00	Tumbling Tuition & Nationals Payment
December 3	\$275.00	\$275.00	Tumbling Tuition & Nationals Payment
December 17	\$200.00	\$200.00	Nationals Payment
January 7	\$275.00	\$275.00	Tumbling Tuition & Nationals Payment
January 21	\$200.00	\$200.00	Nationals Payment
February 4	\$275.00	\$275.00	Tumbling Tuition & Nationals Payment
March 4	\$75.00	\$75.00	Tumbling Tuition
April 1	\$75.00	\$75.00	Tumbling Tuition
May 6	\$75.00	\$75.00	Tumbling Tuition

- We will get new competition uniforms every FIVE years (2024).
- Buy Back/Sell Back program available for most items.





COMPETITIONS

- Making the Hamilton Cheerleading program does not guarantee you a position in a competition routine.
- You may be selected as an alternate for a squad, which means you will cheer on the sidelines during football and basketball games but might not compete.

REGULAR SEASON COMPETITIONS

	BLACK	MAROON	WHITE
Amphi Spirit Cup - OCT	✓	✓	✓
USA Regional - NOV	✓	✓	✓
AIA State Qualifier - NOV	✓	✗	✗
USA Regional - NOV	✓	✓	✓
AIA Game Day State - DEC	✗	✗	✓
UCA Cactus Cup - JAN	✓	✓	✓
USA Arizona Open - JAN	✓	✓	✓
AIA State - JAN	✓	✗	✗
Annual Showcase - JAN	✓	✓	✓

NATIONALS

UCA National High School Cheerleading Championship

February TBD, 2022
Orlando, Florida



DEADLINES

SPRING TRYOUTS

- Applications Open | March 25
- Applications Due | April 8
- Register My Athlete | April 11
- Tryout Paperwork | April 12

FALL TRYOUTS

- Applications Open | July 8
- Applications Due | July 22
- Register My Athlete | July 25
- Tryout Paperwork | July 26



TRYOUT PAPERWORK

- Acknowledgement & Agreement
- Resume
- Official Teacher's Evaluation (Spring Tryout ONLY)

REGISTER MY ATHLETE

Current 9th-11th | Played a CUSD sport 2020-2021

Must complete RMA profile without a physical by April 11

Must complete RMA profile with new physical by July 25

Current 9th-11th | Did not play a CUSD sport 2020-2021

Must complete RMA profile with a physical by April 11

Incoming 9th grader or Transfer

Must complete RMA profile with a physical by July 25

REQUIRED SKILLS

We encourage everyone who is interest in being a part of our program to attend tryouts regardless of their experience or tumbling abilities. These lists are subject to change.

BLACK SQUAD

- Standing back tuck
- Toe touch back tuck
- One to tuck and/or two to layout/full
- Round off back handspring layout/full

MAROON SQUAD

- Standing double back handspring
- Round off back handspring tuck/layout
- Standing tuck highly preferred

WHITE SQUAD

- Standing back tuck with poms





TRYOUT DETAILS

Tryout material will be sent out when applications close. Tryout material **MUST** be learned **PRIOR** to the start of tryouts.

TRYOUT APPEARANCE

- Athletic clothes you can comfortably stunt and tumble in - Hamilton colors
- Black crew cut socks
- Cheer shoes or athletic shoes
- Hair must be pulled off face in a low level ponytail
- Fingernails must be cut short with no polish (fake nails are prohibited)
- Absolutely no jewelry of any kind

Monday

2:30PM	Check-in begins & open practice
2:45PM	Welcome & introductions
2:55PM	Mile run & stretch
3:20PM	Tumbling warm up
3:25PM	Tumbling evaluation
3:50PM	Mini-competition routine practice
4:15PM	Cheer routine practice
4:40PM	Fight song routine practice
5:05PM	Band chant routine practice
5:30PM	Wrap up meeting & roll up mats

Tuesday & Wednesday

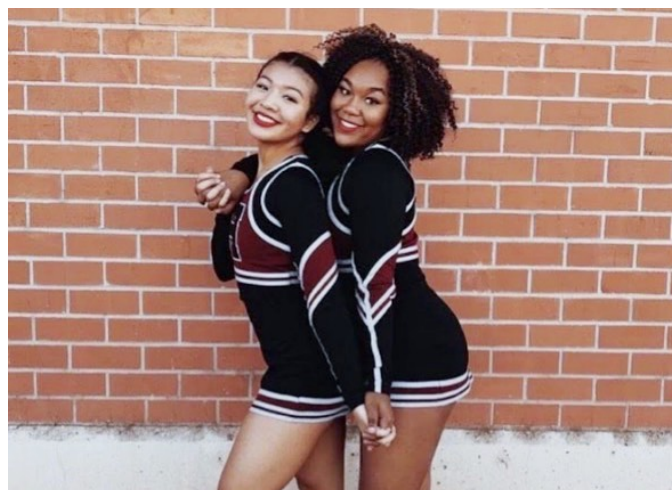
2:30PM	Check-in begins & open practice
2:45PM	Meeting
2:55PM	Mile run & stretch
3:20PM	Open tumbling
3:35PM	Mini-competition routine practice
4:05PM	Cheer routine practice
4:35PM	Fight song routine practice
5:05PM	Band chant routine practice
5:30PM	Wrap up meeting & roll up mats

Thursday

2:30PM	Check-in begins & open practice
2:45PM	Meeting
2:55PM	Mile run & stretch
3:20PM	Tumbling warm up
3:25PM	Tumbling evaluation
3:50PM	Open practice with tryout group
5:30PM	Wrap up meeting & roll up mats

Friday

2:30PM	Check-in begins & open practice
3:00PM	Meeting & judges introduction
3:10PM	Formal tryouts begin
9:00PM	Results posted on social media



INCOMING FRESHMEN & TRANSFERS

Payment Date	Amount	Description
July 30	\$505.00	Game Day Uniform, Competition Uniform & October Pink Gear
August 6	\$190.00	Competition Shoes & Tumbling Tuition
August 13	\$540.00	Practice Gear
August 20	\$300.00	Student Activity Fee
August 27	\$250.00	Choreography Fee
September 3	\$290.00	Warm Ups & Tumbling Tuition
September 17	\$200.00	Nationals Payment
October 1	\$300.00	Skills Camp Fee & Tumbling Tuition
October 15	\$200.00	Nationals Payment
November 5	\$275.00	Tumbling Tuition & Nationals Payment
December 3	\$275.00	Tumbling Tuition & Nationals Payment
December 17	\$200.00	Nationals Payment
January 7	\$275.00	Tumbling Tuition & Nationals Payment
January 17	\$200.00	Nationals Payment
February 4	\$275.00	Tumbling Tuition & Nationals Payment
March 4	\$75.00	Tumbling Tuition
April 1	\$75.00	Tumbling Tuition
May 6	\$75.00	Tumbling Tuition

The above payment plan is tentative and subject to change. It does not include camp or tumbling during the summer, which is optional for incoming freshman and transfers. It also does not factor in any fundraising efforts to reduce costs.

FAQ'S

IS MY CHILD REQUIRED TO ATTEND CAMP, TUMBLING, OR PRACTICES DURING THE SUMMER? - No, we cannot make anything mandatory for incoming freshmen and transfers.

DOES GOING TO CAMP/TUMBLING/PRACTICE OVER THE SUMMER GUARANTEE MY CHILD A SPOT ON ONE OF YOUR TEAMS? - No. Going to camp does not help or hurt athletes when it comes to tryouts. Naturally, those who participate over the summer will likely be more prepared, having been trained in our style and expectations over the summer. But those who fully participate over the summer may still not make any of our teams.

IF WE DECIDE TO PARTICIPATE OVER THE SUMMER, CAN WE ADHERE TO THE PAYMENT PLAN THAT BEGINS IN APRIL TO SPLIT UP PAYMENTS? - Per District policy, we are unable to collect funds for anything other than camp and camp gear for incoming freshmen and transfers. If you choose to attend camp with us as an incoming freshman or transfer student, you will adhere to the first four payments through June 11th and then begin payments on July 30th should you make one of our teams. Since you already paid for camp gear, you will not have to make the payment on August 13th.